

Academy of the Most Blessed Sacrament Alumna Spotlight

October 2021

Victoria Arias

Victoria Arias, an AMBS graduate Class of 2019, recently attended Harvard University's Secondary School Program this past summer. Victoria was accepted into Harvard's 7 week academically rigorous program and completed 2 pre-medical courses and earned 8 college credits before her junior year of high school! She is currently a student at Mary Help of Christians Academy in North Haledon, New Jersey.

At the Academy of the Most Blessed Sacrament, her leadership skills and Christian values were evident as Victoria was chosen for Head of Seton House. Victoria also participated in the school musical, choir club and crochet club. At Mary Help of Christians Academy, Victoria is involved in the Salesian Choir, Next-Generation Social Justice Council club and serves as a student ambassador for the school.

At Harvard University's Secondary School Program, Victoria chose Introduction to Organismic and Evolutionary Biology and a Species-Spanning Medicine course. She hopes to major in Kinesiology in college and aspires to become a Doctor of Physical Therapy. "I love to be academically challenged, and I think completing these two Harvard courses was amazing! I learned so much, was exposed to new study tactics, teaching styles, and had the opportunity to engage and discuss with students from around the world. I completed two pre-med full-semester courses in 7-weeks, studied for Zoom scheduled live class lectures, completed midterms and exams, and attended discussion sections and labs weekly. I'm very proud of myself. It was not easy, but it was a wonderful experience that I will take with me my whole life. So many say, "Harvard! No way I can't get in there!" And I am here to say yes you can! As AMBS students, we have the academic base to do anything we put our minds to".

Congratulations Victoria on all your amazing accomplishments! We are so proud of you and wish you continued success in your academic journey. We have no doubt that you will be a Doctor of Physical Therapy in the future!

